

**2022-2023**



# NARAYANA COLLEGE OF NURSING

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**Number of extension and outreach activities carried out in collaboration  
with National and International agencies, industry, community,  
Government and Non- Governmental Organisations engaging  
NSS/NCC/Red cross/YRC/institutional clubs etc. during the Academic Year  
of 2022-23**

Year	Name of The Activity
2022-23	Activity on Mental health in an unequal World
2022-23	Newborn's health: Key National Priority
2022-23	Acknowledging freedom fighters
2022-23	Promoting Asana Techniques
2022-23	Promoting Awareness of Drug Abuse Consequences
2022-23	Education on the Benefits of ORS
2022-23	Campaign for a Plastic-Free Environment
2022-23	Raising Awareness about Family Size Benefits
2022-23	Informational Video on Breastfeeding
2022-23	NSS foundation Event
2022-23	Promoting Eye Donation Education
2022-23	Interactive Cooking Sessions on Nutrition
2022-23	Raising Awareness about Suicide Prevention
2022-23	Education on Alzheimer's Care and Support
2022-23	Raising Awareness about Rabies Risks
2022-23	Public Health Check for Heart Health
2022-23	Interactive Session on Waste Disposal

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2022-23	Promoting Understanding of Mental Wellbeing
2022-23	Demonstration and practicing Hand washing
2022-23	School Health Awareness Campaign
2022-23	Celebrate a world of Flavours
2022-23	Digital Equity for All Ages
2022-23	Living sustainably in harmony with nature
2022-23	Nutritious diet for better living
2022-23	Raising Awareness about Diabetes Control
2022-23	Empowerment through Helmet Safety Awareness
2022-23	Visual Learning on the Importance of AIDS Awareness
2022-23	Cancer , early Detection & Prompt treatment
2022-23	Elderly Care & Schemes
2022-23	Health Equity: build a fairer, healthier world for everyone
2022-23	Awareness of Cancers of the Head and Neck Region.
2022-23	Youth Leadership Competitions
2022-23	Planting Drive for Environmental Awareness
2022-23	Art for Advocacy: Save the Girl Child
2022-23	Education on Leprosy Prevention and Treatment
2022-23	Public Health Campaign on Cancer
2022-23	Community Support for Deworming Programs
2022-23	POSTER ART COMPETITION
2022-23	Importance of trees

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2022-23	Awareness for Prevention, diagnosis & treatment of osteoporosis
2022-23	Child Immunization through Pulse Polio Program
2022-23	Strengthening Women's Voices
2022-23	Nephrology Awareness Event
2022-23	Community Awareness on STDs
2022-23	Awareness about Oral Diseases and Their Prevention
2022-23	Promoting Knowledge of Tuberculosis Symptoms
2022-23	Bipolar Education Forum
2022-23	Health and Wellness Assessment Day
2022-23	Awareness activity on seasonal Diseases
2022-23	Autism Awareness Programme
2022-23	Community Education on the Dangers of Tobacco
TOTAL - 51	

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## Activity on Mental health in an unequal World

On June 6, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized an activity titled "Mental Health in an Unequal World" at Saraswathi Nagar. The initiative aimed to raise awareness about the disparities in access to mental health care for marginalized communities, especially those living in poverty. Faculty members and first-year students actively participated, engaging in discussions and activities that highlighted the challenges faced by these populations. Informative materials were shared to educate attendees on the importance of equitable mental health services. The event successfully fostered a greater understanding of mental health inequalities and emphasized the need for inclusive solutions. Overall, it was a meaningful contribution to promoting mental health awareness in the community. 41 participants and 25 village peoples are benefited through this program.



Awareness on Activity on Mental health in an unequal World, Saraswathi Nagar on 6 June 2022

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## Newborn's health: Key National Priority


On June 10, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Child Health Nursing department, organized a program titled "Newborn's Health: Key National Priority" at Kamakshi Nagar. The initiative aimed to provide essential training on the initial stabilization of sick infants, regardless of gestational age. Faculty members and second-year students actively participated, engaging in workshops and discussions focused on neonatal care practices. Educational materials were distributed to enhance knowledge about the critical health needs of newborns. The event successfully emphasized the importance of early intervention and equipped participants with vital skills to support infant health. Overall, it was a significant step toward improving newborn care in the community. 47 participants and 22 village peoples are benefited through this program.



Awareness on Newborn's health: Key National Priority, Kamakshi Nagar on 10 June 2022

  
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## Acknowledging freedom fighters

On June 17, 2022, the NSS Unit of Narayana College of Nursing organized an event titled "Acknowledging Freedom Fighters" at Dakkilivari Palem. The program aimed to honor the sacrifices of freedom fighters and to recognize the struggles of those who suffered in silence, losing their families, freedom, and rights. Faculty members and fourth-year students actively participated, engaging in heartfelt discussions and activities that highlighted the importance of these contributions to the nation's history. The event included sharing stories of resilience and bravery, along with distributing educational materials to raise awareness about the ongoing impact of these sacrifices. Overall, it was a meaningful tribute that fostered a deeper appreciation for freedom and human rights among participants. 65 participants and 36 village peoples are benefited through this program.



**Awareness on Acknowledging freedom fighters, Dakkilivari Palem on 17 June 2022**

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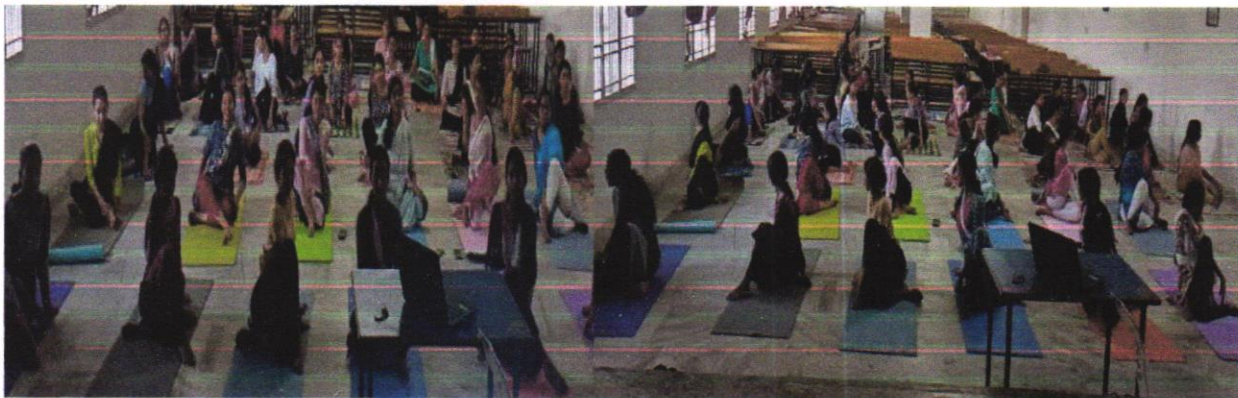
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## Promoting Asana Techniques

On June 21, 2022, the NSS Unit of Narayana College of Nursing organized a program titled "Promoting Asana Techniques" at T P Gudur. The initiative aimed to enhance participants' flexibility, strength, and balance while alleviating stress and anxiety, as well as reducing symptoms of lower back pain. Faculty members and third-year students actively participated in the event, engaging in practical sessions that demonstrated various asanas and their benefits. Informative materials were shared to educate attendees on the importance of regular practice for overall well-being. The program successfully fostered a supportive environment for health and wellness, encouraging participants to incorporate yoga into their daily routines. Overall, it was a valuable experience that promoted physical and mental health awareness. 50 participants and 22 village peoples are benefited through this program.



Awareness on Promoting Asana Techniques, T P Gudur on 21 June 2022


  
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## Promoting Awareness of Drug Abuse Consequences

On June 25, 2022, the NSS Unit of Narayana College of Nursing organized an event titled "Promoting Awareness of Drug Abuse Consequences" at T P Gudur. The program aimed to educate attendees about the harmful effects of substance abuse on individuals, families, workplaces, and society as a whole. Faculty members and first-semester students actively participated, engaging in informative discussions and interactive activities designed to raise awareness and reduce the stigma associated with drug dependence. Educational materials were distributed to foster understanding and support for the integration of affected individuals back into society. Overall, the event was a significant step toward promoting community health and encouraging compassion and support for those struggling with substance abuse. 42 participants and 25 village peoples are benefited through this program.



Promoting Awareness of Drug Abuse Consequences, T P Gudur on 25 June 2022

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## Education on the Benefits of ORS

On June 29, 2022, the NSS Unit of Narayana College of Nursing organized an educational program on the "Benefits of ORS" at Venkatachalam. The initiative aimed to inform the community about the prevention and treatment of dehydration caused by diarrhea, including the importance of maintenance therapy. Faculty members and second-year students actively participated in the program, engaging in discussions and demonstrations on the preparation and use of Oral Rehydration Solution (ORS). Informative materials were distributed to enhance understanding of ORS's role in managing dehydration effectively. The event successfully raised awareness about this critical health intervention, empowering attendees with knowledge to combat dehydration in their families and communities. Overall, it was a valuable effort to promote health and well-being. 42 participants and 25 village peoples are benefited through this program.



Awareness on Education on the Benefits of ORS, Venkatachalam on 29 June 2022

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## Campaign for a Plastic-Free Environment

On July 2, 2022, the NSS Unit of Narayana College of Nursing organized a "Campaign for a Plastic-Free Environment" at Dakkalivaripalem. The initiative aimed to reduce plastic waste in the community by a targeted percentage over the campaign duration. Faculty members and fourth-year students actively participated in the event, engaging with residents through informative discussions and awareness activities. Educational materials were distributed to highlight the impact of plastic pollution and promote sustainable alternatives. The campaign successfully fostered community involvement and encouraged residents to adopt eco-friendly practices. Overall, it was a meaningful effort to promote environmental awareness and contribute to a cleaner, healthier community. 47 participants and 22 village peoples are benefited through this program




Awareness on Campaign for a Plastic-Free Environment, Dakkalivaripalem on 2 July 2022

  
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## Raising Awareness about Family Size Benefits

On July 12, 2022, the NSS Unit of Narayana College of Nursing organized a program titled "Raising Awareness about Family Size Benefits" at Dakkilivari Palem. The initiative aimed to enhance pregnancy planning and prevent unintended pregnancies through education and discussion. Faculty members and first- and second-year BSc Nursing students actively participated, engaging with community members to share information about family planning methods and the benefits of informed reproductive choices. Educational materials were distributed to promote understanding and encourage open conversations about family size and health. Overall, the event successfully fostered awareness and empowered individuals to make informed decisions regarding their reproductive health. 50 participants and 29 village peoples are benefited through this program.



Raising Awareness about Family Size Benefits, Dakkilivari Palem on 12 July 2022

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## Informational Education on Breastfeeding

On August 5, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Child Health Nursing and Obstetrical & Gynecological Nursing departments, organized an informational video screening on breastfeeding at Kakatur. The event aimed to highlight the importance of breastfeeding, promote its practice, and improve the health of both mothers and babies globally. Faculty members and first- and second-year MSc students actively participated, engaging with the community through discussions following the video. Educational materials were distributed to reinforce the benefits of breastfeeding and provide practical tips for new mothers. Overall, the program was a significant step toward fostering awareness and encouraging healthy practices in infant nutrition. 19 participants and 20 village peoples are benefited through this program.



Informational Video on Breastfeeding, Kakatur on 5 Aug 2022

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## NSS foundation Event

On August 12, 2022, the NSS Unit of Narayana College of Nursing organized the NSS Foundation Event at T P Gudur. The initiative aimed to spread awareness about cleanliness and inspire behavioral change among participants regarding hygiene practices. Faculty members and second-year students actively engaged in discussions and activities that emphasized the importance of maintaining a clean environment. The event included demonstrations on effective waste management and sanitation practices, along with the distribution of educational materials. Overall, the program successfully fostered a sense of responsibility toward cleanliness in the community, encouraging participants to adopt healthier habits for a better environment. 54 participants and 25 village peoples are benefited through this program.



Awareness on NSS foundation Event, T P Gudur on 12 Aug 2022


  
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## Promoting Eye Donation Education

On August 27, 2022, the NSS Unit of Narayana College of Nursing organized a program titled "Promoting Eye Donation Education" at Dakkilivari Palem. The initiative aimed to raise awareness about eye donation and its potential to restore vision for individuals suffering from corneal blindness. Faculty members and first-semester students actively participated, engaging the community through informative discussions and interactive sessions. Educational materials were distributed to highlight the significance of eye donation and the process involved. The event successfully fostered understanding and encouraged community members to consider eye donation as a valuable contribution to society. Overall, it was a meaningful effort to promote eye health and support those in need of vision restoration. 25 participants and 22 village peoples are benefited through this program.



Awareness on Promoting Eye Donation, Dakkilivari Palem on 27 Aug 2022

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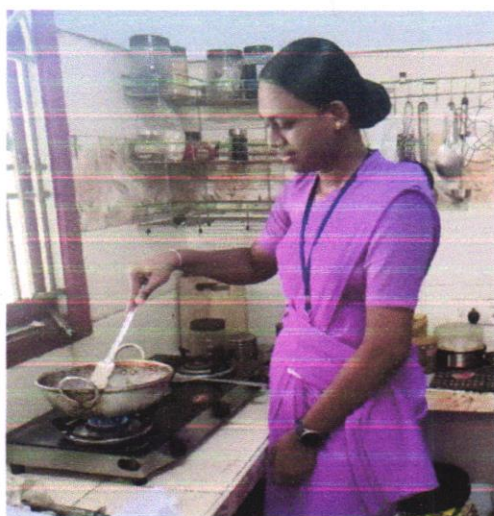
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## Interactive Cooking Sessions on Nutrition

From September 1 to September 7, 2022, the NSS Unit of Narayana College of Nursing organized Interactive Cooking Sessions on Nutrition at Kamakshi Nagar. The initiative aimed to educate the public about the importance of nutrition and to encourage the adoption of healthier eating habits. Faculty members and third-year students actively participated, demonstrating various healthy recipes and discussing nutritional benefits. Participants were engaged in hands-on cooking activities, fostering a practical understanding of balanced diets. Educational materials were distributed to reinforce key concepts of nutrition. Overall, the program successfully promoted healthy eating practices and empowered community members to make informed dietary choices. 23 participants and 27 village peoples are benefited through this program.



Awareness on Interactive Cooking Sessions on Nutrition, Kamakshi Nagar from 1 Sep 2022 to 7 sep 2022

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## Raising Awareness about Suicide Prevention


On September 10, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized an event titled "Raising Awareness about Suicide Prevention" at Venkatachalam. The initiative aimed to reduce stigma surrounding mental health issues and encourage open conversations to prevent suicides. Faculty members and second-year students actively participated, engaging the community through informative discussions, interactive sessions, and sharing personal stories to foster understanding. Educational materials were distributed to highlight warning signs and resources for support. Overall, the program successfully promoted awareness and created a supportive environment for those in need, emphasizing the importance of communication and community involvement in suicide prevention. 50 participants and 25 village peoples are benefited through this program



Raising Awareness about Suicide Prevention, Venkatachalam on 10 Sep 2022

  
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## Education on Alzheimer's Care and Support


On September 21, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized an event titled "Education on Alzheimer's Care and Support" at Saraswathi Nagar. The initiative aimed to raise awareness about the challenges faced by individuals with Alzheimer's disease, as well as their families and caregivers. Faculty members and fourth-year students actively participated, engaging the community through informative discussions and practical demonstrations on effective caregiving strategies. Educational materials were distributed to enhance understanding of the disease and available support resources. Overall, the program successfully promoted awareness and empathy, empowering attendees to provide better care and support for those affected by Alzheimer's. 80 participants and 35 village peoples are benefited through this program



Education on Alzheimer's Care and Support, Saraswathi Nagar on 21 Sep 2022

  
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## Raising Awareness about Rabies Risks

On September 21, 2022, the NSS Unit of Narayana College of Nursing organized an event titled "Raising Awareness about Rabies Risks" at Kakatur. The initiative aimed to promote responsible pet ownership and encourage timely intervention in suspected rabies cases. Faculty members and first- and second-year PB BSc students actively participated, engaging with the community through informative discussions and interactive activities. Educational materials were distributed to highlight the dangers of rabies, the importance of vaccinations, and proper pet care practices. The event successfully fostered community awareness and empowered participants to take proactive steps in preventing rabies, ultimately enhancing public health and safety. 47 participants and 30 village peoples are benefited through this program



Raising Awareness about Rabies Risks, Kakatur on 21 Sep 2022

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## Public Health Check for Heart Health

On September 29, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Medical & Surgical Nursing department, organized a "Public Health Check for Heart Health" at Dakkilivari Palem. The initiative aimed to encourage and empower individuals to take responsibility for their heart health. Faculty members and first-semester students actively participated, conducting health screenings and providing educational resources on heart disease prevention and management. Participants received information on healthy lifestyle choices, including diet and exercise. The event successfully promoted awareness about cardiovascular health, inspiring community members to prioritize their heart health and adopt healthier habits. Overall, it was a significant step towards enhancing public health and well-being. 43 participants and 32 village peoples are benefited through this program



Awareness on Public Health Check for Heart Health, Dakkilivari Palem on 29 Sep 2022


  
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## Interactive Session on Waste Disposal

On October 3, 2022, the NSS Unit of Narayana College of Nursing organized an "Interactive Session on Waste Disposal" at T P Gudur. The initiative aimed to protect human and environmental health by promoting proper waste disposal practices and keeping harmful materials out of landfills. Faculty members and third-year students actively participated, engaging with the community through discussions and demonstrations on effective waste management techniques. Educational materials were distributed to raise awareness about the importance of responsible disposal and recycling. The event successfully fostered a sense of responsibility among participants, encouraging them to adopt sustainable practices that contribute to a healthier environment. Overall, it was a valuable effort toward promoting environmental awareness and community well-being. 35 participants and 27 village peoples are benefited through this program



Interactive Session on Waste Disposal, T P Gudur on 3 Oct 2022

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## Promoting Understanding of Mental Wellbeing

On October 10, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized an event titled "Promoting Understanding of Mental Wellbeing" at Venkatachalam. The initiative aimed to raise awareness of global mental health issues and mobilize support for mental health initiatives. Faculty members and second-year students actively participated, engaging the community through informative discussions and interactive activities that emphasized the importance of mental health. Educational materials were distributed to promote understanding and encourage open conversations about mental wellbeing. The event successfully fostered awareness and empathy, empowering participants to advocate for mental health support within their communities. Overall, it was a significant effort to promote mental health awareness and encourage positive change. 33 participants and 19 village peoples are benefited through this program



Promoting Understanding of Mental Wellbeing, Venkatachalam on 10 Oct 2022


  
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## Demonstration and practicing Hand washing

On October 14, 2022, the NSS Unit of Narayana College of Nursing organized a demonstration and practice session on hand washing at Kakutur. The initiative aimed to educate participants about the importance of removing pathogenic microorganisms ("germs") to prevent the transmission of infections. Faculty members and fourth-year students actively participated, guiding community members through effective hand washing techniques and demonstrating the proper steps. Informational materials were distributed to reinforce key messages about hygiene practices. The event successfully raised awareness about the critical role of hand hygiene in maintaining health and preventing illness, encouraging participants to adopt these practices in their daily lives. Overall, it was a valuable effort to promote community health and wellbeing. 39 participants and 30 village peoples are benefited through this program




Demonstration and practicing Hand washing, Kakutur on 14 Oct 2022

  
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## School Health Awareness Campaign

On October 15, 2022, the NSS Unit of Narayana College of Nursing organized a School Health Awareness Campaign at Dakkalivaripalem. The initiative aimed to detect and treat diseases early in children and adolescents, focusing on the identification of malnourished and anemic children with appropriate referrals to primary health centers (PHCs) and hospitals. Faculty members and third-year students actively participated, conducting health screenings and educational sessions for students and their families. Informational materials were distributed to raise awareness about common health issues and the importance of early intervention. The campaign successfully fostered a proactive approach to health in the community, ensuring that children received the necessary support for their well-being. Overall, it was an impactful effort to enhance children's health and promote awareness within the community. 46 participants and 35 village peoples are benefited through this program



School Health Awareness Campaign, Dakkalivaripalem, on 15 Oct 2022

  
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## Celebrate a world of Flavors

On October 17, 2022, the NSS Unit of Narayana College of Nursing organized the event "Celebrate a World of Flavors" at T P Gudur. The initiative aimed to encourage the community to embrace a healthy lifestyle while enjoying a variety of delicious foods. Faculty members and first- and second-year PB BSc students actively participated, showcasing nutritious recipes and demonstrating healthy cooking techniques. Interactive sessions allowed participants to sample different dishes and learn about the nutritional benefits of various ingredients. Educational materials were distributed to promote the importance of balanced diets and mindful eating. Overall, the event successfully fostered an appreciation for healthy eating habits while celebrating diverse flavors, promoting wellness in the community. 39 participants and 28 village peoples are benefited through this program



Awareness on Celebrate a world of Flavors, T P Gudur on 17 Oct 2022

  
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## Digital Equity for All Ages

On October 19, 2022, the NSS Unit of Narayana College of Nursing organized the event "Digital Equity for All Ages" at Dakkalivaripalem. The initiative aimed to raise awareness about the importance of digital inclusion for older individuals, addressing stereotypes, prejudice, and discrimination related to digitalization while considering socio-cultural norms and the right to autonomy. Faculty members and third-year students actively participated, engaging the community through informative discussions and hands-on training sessions to improve digital literacy among older adults. Educational materials were distributed to highlight the benefits of technology and encourage its use in everyday life. Overall, the program successfully promoted digital equity and empowered participants to embrace technology confidently, fostering a more inclusive community. 66 participants and 25 village peoples are benefited through this program



Awareness on Digital Equity for All Ages, Dakkalivaripalem on 19 Oct 2022

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## Living sustainably in harmony with nature

On October 27, 2022, the NSS Unit of Narayana College of Nursing organized the event "Living Sustainably in Harmony with Nature" at Dakkilivari Palem. The initiative aimed to raise awareness about pressing environmental issues, including marine pollution, overpopulation, global warming, sustainable development, and wildlife crime. Faculty members and fourth-year students actively participated, engaging the community through informative discussions, presentations, and interactive activities. Educational materials were distributed to highlight practical steps individuals can take to contribute to sustainability. The event successfully fostered a sense of responsibility toward environmental conservation, encouraging participants to adopt eco-friendly practices in their daily lives. Overall, it was a meaningful effort to promote awareness and inspire action for a sustainable future. 70 participants and 40 village peoples are benefited through this program



Awareness on Living sustainably in harmony with nature, Dakkilivari Palem on 27 Oct 2022

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## Nutritious diet for better living

On October 31, 2022, the NSS Unit of Narayana College of Nursing organized the event "Nutritious Diet for Better Living" at Saraswathi Nagar. The initiative aimed to protect against malnutrition in all its forms and combat non-communicable diseases through education on healthy eating habits. Faculty members and second-year MSc students actively participated, engaging the community through informative sessions and practical demonstrations on balanced diets. Educational materials were distributed to emphasize the importance of nutrition in maintaining overall health and preventing diseases. The event successfully raised awareness about dietary choices and empowered participants to adopt healthier lifestyles. Overall, it was a valuable effort to promote nutrition and well-being in the community. 16 participants and 20 village peoples are benefited through this program




Awareness on Nutritious diet for better living, Saraswathi Nagar on 31 Oct 2022

  
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## Raising Awareness about Diabetes Control

On November 14, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Medical & Surgical Nursing department, organized an event titled "Raising Awareness about Diabetes Control" at Chinthareddypalem. The initiative aimed to highlight diabetes as a significant global public health issue and to discuss strategies for better prevention, diagnosis, and management of the condition. Faculty members and second-year students actively participated, engaging the community through informative talks, interactive sessions, and demonstrations on healthy lifestyle choices. Educational materials were distributed to reinforce key messages about diabetes management and the importance of regular health check-ups. The event successfully raised awareness and empowered participants to take proactive steps in managing their health and preventing diabetes. Overall, it was a meaningful effort to promote health and well-being within the community. 20 participants and 25 village peoples are benefited through this program




Raising Awareness about Diabetes Control, Chinthareddypalem on 14 Nov 2022

  
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## Empowerment through Helmet Safety Awareness

On November 26, 2022, the NSS Unit of Narayana College of Nursing organized the event "Empowerment through Helmet Safety Awareness" at Venkatachalam. The initiative aimed to raise public awareness about road safety while distributing free helmets to promote safe riding practices. Faculty members and first PB BSc students actively participated, engaging the community through informative discussions on the importance of wearing helmets and adhering to road safety rules. Educational materials were provided to highlight the risks associated with not wearing helmets and the benefits of safe riding. The event successfully fostered a culture of safety on the roads, empowering participants to prioritize their well-being while riding. Overall, it was a significant effort to enhance road safety awareness in the community. 27 participants and 30 village peoples are benefited through this program



Empowerment through Helmet Safety Awareness, Venkatachalam on 26 Nov 2022

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## Learning on the Importance of AIDS Awareness

On December 1, 2022, the NSS Unit of Narayana College of Nursing organized "Visual Learning on the Importance of AIDS Awareness" at Venkatachalam. The initiative aimed to raise awareness about the global epidemic of AIDS (acquired immunodeficiency syndrome) and the spread of HIV (human immunodeficiency virus). Faculty members and first- and second-year MSc students actively participated, engaging the community through visual presentations, discussions, and interactive activities that highlighted key information about prevention, treatment, and support for those affected. Educational materials were distributed to enhance understanding and reduce stigma associated with HIV/AIDS. The event successfully promoted awareness and empowered participants to advocate for health education and support within their communities, contributing to a more informed and compassionate society. 19 participants and 20 village peoples are benefited through this program



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## Cancer, early Detection & Prompt treatment

On December 6, 2022, the NSS Unit of Narayana College of Nursing organized an event titled "Cancer: Early Detection & Prompt Treatment" at Kamakshi Nagar. The initiative aimed to save millions of lives each year through education and raising awareness about the importance of early detection and timely treatment of cancer. Faculty members and first-year students actively participated, engaging the community through informative sessions, discussions, and demonstrations on recognizing early signs of cancer and understanding screening methods. Educational materials were distributed to empower attendees with knowledge about cancer prevention and treatment options. The event successfully encouraged community members to prioritize their health and advocate for proactive measures against cancer, contributing to a more informed and health-conscious society. 36 participants and 25 village peoples are benefited through this program



Awareness on Cancer, early Detection & Prompt treatment, Kamakshi Nagar on 6 Dec 2022

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## Elderly Care & Schemes

On December 13, 2022, the NSS Unit of Narayana College of Nursing organized an event titled "Elderly Care & Schemes" at Saraswathi Nagar. The initiative aimed to ensure that senior citizens receive better health and medical treatment, while also addressing their security and well-being through effective caregiving. Faculty members and third-year students actively participated, engaging the community in discussions about available health schemes and resources for the elderly. Informative sessions highlighted the importance of compassionate care and the role of caregivers in enhancing the quality of life for seniors. Educational materials were distributed to raise awareness about the rights and needs of older adults. The event successfully fostered a supportive environment, empowering participants to advocate for the health and security of senior citizens in the community. 71 participants and 40 village peoples are benefited through this program



  
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Awareness on Elderly Care & Schemes, Saraswathi Nagar on 13 Dec 2022

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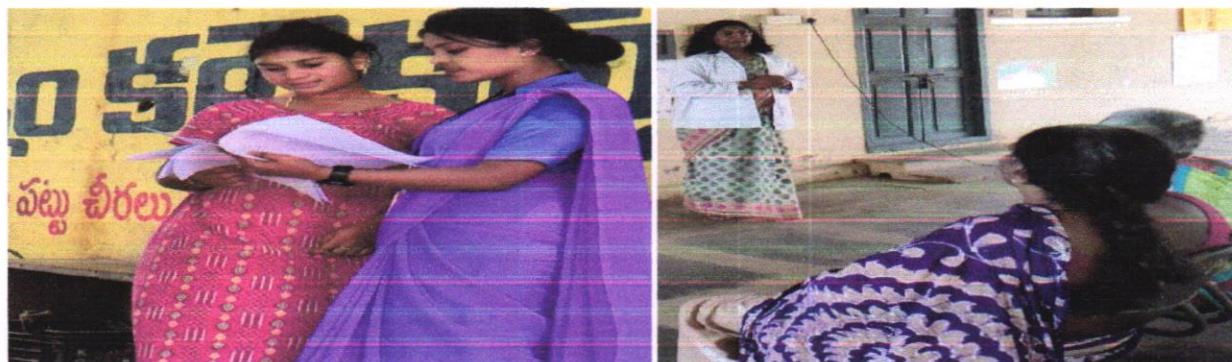
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## Health Equity: build a fairer, healthier world for everyone

On December 19, 2022, the NSS Unit of Narayana College of Nursing organized the event "Health Equity: Build a Fairer, Healthier World for Everyone" at Kakatur. The initiative aimed to promote equitable health outcomes and ensure that all individuals have the opportunity to live healthy lives. Faculty members and second-year students actively participated, engaging the community through informative discussions and activities focused on the importance of health equity. Educational materials were distributed to raise awareness about the social determinants of health and encourage actions that can lead to fairer health opportunities for all. The event successfully fostered a sense of community responsibility and empowered participants to advocate for equitable health practices, contributing to a healthier society overall. 60 participants and 30 village peoples are benefited through this program



Awareness on Health Equity: build a fairer, healthier world for everyone, Kakatur on 19 Dec 2022


  
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## Awareness of Cancers of the Head and Neck Region

On December 26, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Medical & Surgical Nursing department, organized an event titled "Awareness of Cancers of the Head and Neck Region" at T P Gudur. The initiative aimed to enhance awareness about head and neck cancers, focusing on their prevention, early detection, and treatment options. Faculty members and first- and second-year PB BSc students actively participated, engaging the community through informative sessions, discussions, and demonstrations on recognizing early symptoms and risk factors. Educational materials were distributed to empower attendees with knowledge about the importance of regular screenings and healthy lifestyle choices. The event successfully raised awareness, encouraging community members to prioritize their health and seek timely medical advice. Overall, it was a significant effort to promote understanding and proactive measures against head and neck cancers. 39 participants and 22 village peoples are benefited through this program



Awareness of Cancers of the Head and Neck Region, T P Gudur on 26 Dec 2022

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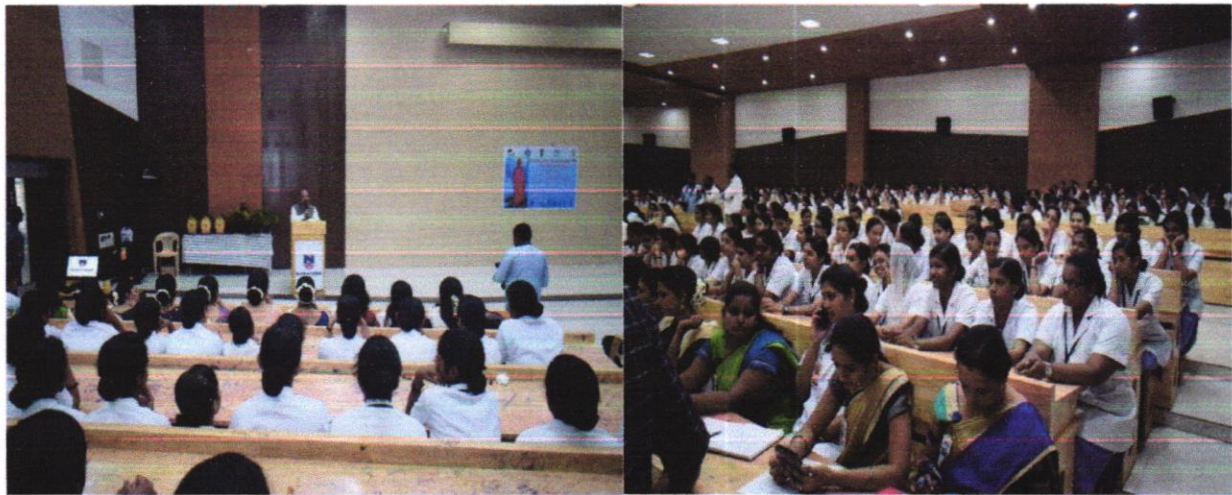
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## Youth Leadership Competitions

On January 11, 2023, the NSS Unit of Narayana College of Nursing organized the "Youth Leadership Competitions" at Kamakshi Nagar. The initiative aimed to empower youth by recognizing their potential to drive social change and development. Faculty members and fourth-year students actively participated, engaging the community in various competitions designed to showcase leadership skills, creativity, and innovative ideas. Participants presented their projects and initiatives focused on addressing social issues, fostering a spirit of collaboration and inspiration among peers. The event successfully highlighted the importance of youth involvement in community development and encouraged participants to take an active role in creating positive change. Overall, it was a meaningful effort to nurture leadership qualities in the younger generation. 60 participants and 30 village peoples are benefited through this program



Awareness on Youth Leadership Competitions, Kamakshi Nagar on 11 Jan 2023

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## Planting Drive for Environmental Awareness

On January 20, 2023, the NSS Unit of Narayana College of Nursing organized a "Planting Drive for Environmental Awareness" at Venkatachalam. The initiative aimed to foster a sense of social responsibility and encourage community members to take an active role in caring for the environment. Faculty members and first-semester students participated enthusiastically, engaging in tree planting and educating the community about the importance of greenery and environmental conservation. Informational materials were distributed to highlight the benefits of trees in combating climate change and enhancing biodiversity. The event successfully promoted environmental awareness and inspired participants to adopt sustainable practices, contributing to a healthier ecosystem. Overall, it was a significant effort to encourage community involvement in environmental stewardship. 70 participants and 40 village peoples are benefited through this program



Planting Drive for Environmental Awareness, Venkatachalam on 20 Jan 2023


  
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## Art for Advocacy: Save the Girl Child


The NSS Unit of Narayana College organized the "Art for Advocacy: Save the Girl Child" event on January 24, 2023, in T P Gudur. This initiative aimed to raise awareness about gender bias and promote the importance of girls' welfare in society. Through various art forms, participants expressed their commitment to advocating for the rights and education of girls. Faculty members and second-year students actively engaged in discussions and activities, fostering a collaborative spirit. The event successfully highlighted the significance of gender equality and the need for effective welfare services. Overall, it served as a platform for community involvement and social change. 65 participants and 42 village peoples are benefited through this program



Awareness on Art for Advocacy: Save the Girl Child, T P Gudur on 24 Jan 2023

  
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## Organizing Education on Leprosy Prevention and Treatment


The NSS Unit of Narayana College organized an event on "Education on Leprosy Prevention and Treatment" on January 30, 2023, in Kakatur. This program aimed to eliminate the stigma surrounding leprosy and enhance the dignity of individuals affected by the disease. Faculty members and third-year students participated actively, engaging in informative sessions that promoted awareness and understanding. The event included discussions on prevention, treatment options, and the importance of community support. By fostering a compassionate approach, the initiative contributed to breaking down barriers and encouraging inclusivity. Overall, it was a significant step towards improving the lives of those affected by leprosy. 64 participants and 45 village peoples are benefited through this program




Organizing Education on Leprosy Prevention and Treatment, Kakatur on 30 Jan 2023

  
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## Public Health Campaign on Cancer


The NSS Unit of Narayana College organized a "Public Health Campaign on Cancer" on February 4, 2023, in Kakatur. This initiative aimed to raise awareness about cancer prevention, treatment options, and the importance of early detection, with the goal of improving patient outcomes and quality of life. Faculty members and fourth-year students actively participated, engaging the community through informative sessions and interactive activities. The campaign emphasized the significance of regular health check-ups and healthy lifestyle choices. By fostering a supportive environment, the event aimed to empower individuals and families affected by cancer, ultimately contributing to better health and well-being in the community. 63 participants and 25 village peoples are benefited through this program



Awareness on Public Health Campaign on Cancer, Kakatur on 4 Feb 2023

  
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## Community Support for Deworming Program

The NSS Unit of Narayana College organized a "Community Support for Deworming Program" on February 10, 2023, at Dakkilivari Palem. The initiative aimed to reduce worm burden in the community, particularly focusing on heavily-infected children, as high-intensity infections can lead to significant morbidity. Faculty members and first-semester students actively participated, educating residents about the importance of deworming and its health benefits. The program included distribution of medication and awareness sessions on hygiene practices. By addressing this critical health issue, the event aimed to enhance the overall well-being of the community and promote healthier lifestyles for children. 50 participants and 29 village peoples are benefited through this program



Community Support for Deworming Program, Dakkilivari Palem on 10 Feb 2023

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## Poster Art Competition

The NSS Unit of Narayana College organized a "Poster Art Competition" on February 13, 2023, at T P Gudur. This event aimed to encourage creative expression among students while assessing their knowledge and awareness of current trends and social issues. Faculty members and first-year students actively participated, showcasing their artistic skills and innovative ideas through various posters. The competition fostered a spirit of collaboration and healthy competition, with participants expressing their thoughts on relevant topics. By highlighting creativity and awareness, the event successfully contributed to a vibrant learning environment and engaged the college community in meaningful dialogue. 51 participants and 36 village peoples are benefited through this program




Awareness on Poster Art Competition, T P Gudur on 13 Feb 2023

  
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## Importance of trees

The NSS Unit of Narayana College organized an event on the "Importance of Trees" on February 20, 2023, at Saraswathi Nagar. This initiative aimed to raise awareness about the crucial role trees play in regulating climate and enhancing soil fertility, essential for the health of our planet. Faculty members and second-year students actively participated in discussions and activities, emphasizing the need for environmental conservation. The program included informative sessions on tree planting, care, and the ecological benefits of forests. By engaging the community, the event successfully promoted a collective responsibility toward protecting and nurturing our environment for future generations. 91 participants and 45 village peoples are benefited through this program



Awareness on Importance of trees, Saraswathi Nagar on 20 Feb 2023

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## Awareness for Prevention, diagnosis & treatment of osteoporosis


The NSS Unit of Narayana College organized an awareness program on the "Prevention, Diagnosis, and Treatment of Osteoporosis" on February 27, 2023, at Kamakshi Nagar. This initiative aimed to assess and enhance the community's understanding of osteoporosis, focusing on its risk factors and health implications. Faculty members and MSc students actively participated, engaging in informative sessions and discussions about the condition's prevention and management. The program highlighted the importance of early diagnosis and lifestyle choices that can mitigate risks. By fostering awareness, the event aimed to empower individuals to take proactive steps toward maintaining bone health and improving overall well-being. 9 participants and 20 village peoples are benefited through this program



Awareness for Prevention, diagnosis & treatment of osteoporosis, Kamakshi Nagar on 27 Feb 2023

  
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## Child Immunization through Pulse Polio Program

The NSS Unit of Narayana College organized the "Child Immunization through Pulse Polio Program" on March 3, 2023, at Venkatachalam. This initiative aimed to immunize children effectively while enhancing social mobilization efforts. Faculty members and third-year students actively participated in the event, which included vaccination drives and awareness campaigns to inform the community about the importance of polio immunization. The program also focused on conducting mop-up operations in areas where the poliovirus had nearly disappeared, ensuring a sustained high level of public morale and engagement. By fostering community support, the event contributed significantly to the fight against polio and promoted the health and well-being of children. 60 participants and 23 village peoples are benefited through this program.



Awareness on Child Immunization through Pulse Polio Program, Venkatachalam on 3 Mar 2023


  
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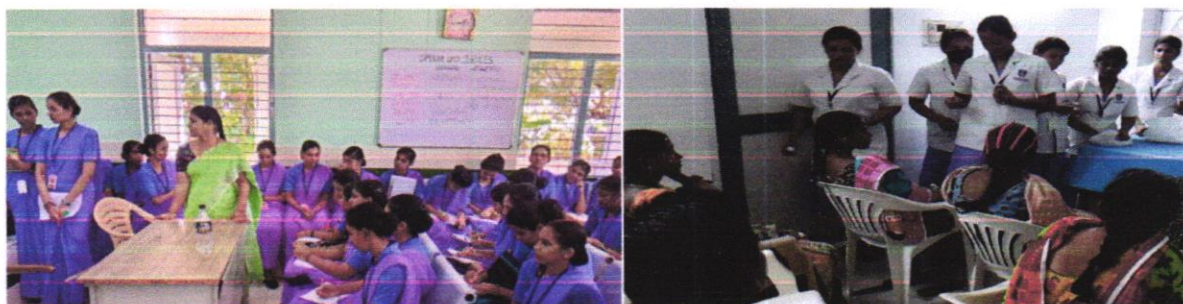
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## Strengthening Women's Voices

The NSS Unit of Narayana College organized the "Strengthening Women's Voices" event on March 8, 2023, at Kakatur, in celebration of International Women's Day. This initiative aimed to raise awareness about women's rights and promote gender equality. Faculty members and fourth-year students actively participated, engaging in discussions, workshops, and activities that highlighted the challenges women face and the importance of empowerment. The program encouraged participants to share their experiences and insights, fostering a supportive environment for dialogue. By emphasizing the significance of women's voices in society, the event aimed to inspire action toward achieving true gender equality and justice. 77 participants and 28 village peoples are benefited through this program




Awareness on Strengthening Women's Voices, Kakatur on 8 Mar 2023

  
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## Nephrology Awareness Event

The NSS Unit of Narayana College of Nursing, in collaboration with the Medical and Surgical Nursing department, organized a "Nephrology Awareness Event" on March 9, 2023, at Dakkilivari Palem. This initiative aimed to raise awareness about the critical role of kidneys in overall health and to reduce the incidence and impact of kidney disease. Faculty members and first-year students actively participated, engaging the community through informative sessions, discussions, and health screenings. The event emphasized the importance of kidney health, preventive measures, and early detection of kidney-related issues. By fostering awareness and encouraging healthy lifestyle choices, the program aimed to empower individuals to take charge of their kidney health and well-being. 23 participants and 25 village peoples are benefited through this program



Awareness on Nephrology Awareness Event, Dakkilivari Palem on 9 Mar 2023


  
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## Community Awareness on STDs

The NSS Unit of Narayana College of Nursing organized a "Community Awareness on STDs" event on March 16, 2023, at T P Gudur. This initiative aimed to raise awareness about sexually transmitted infections (STIs) and their impact on individuals and communities. Faculty members and first-year and Post Basic BSc Nursing students actively participated, engaging in informative discussions, workshops, and interactive sessions. The program provided valuable insights into prevention, diagnosis, and treatment options for STIs. By fostering open dialogue and dispelling myths, the event aimed to empower the community with knowledge, promote safe practices, and encourage healthier relationships. 19 participants and 20 village peoples are benefited through this program



Community Awareness on STDs, T P Gudur on 16 Mar 2023

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## Awareness about Oral Diseases and Their Prevention

The NSS Unit of Narayana College of Nursing organized an event on "Awareness about Oral Diseases and Their Prevention" on March 20, 2023, at Saraswathi Nagar. This initiative aimed to highlight the importance of maintaining good oral health and its impact on overall well-being. Faculty members and third-year students actively participated, engaging the community through informative sessions on common oral diseases, preventive measures, and healthy dental practices. The program included interactive demonstrations and discussions to raise awareness about the significance of regular dental check-ups. By fostering understanding and promoting proactive oral care, the event aimed to empower individuals to take charge of their oral health for a healthier future. 30 participants and 24 village peoples are benefited through this program



Awareness about Oral Diseases and Their Prevention, Saraswathi Nagar on 20 Mar 2023

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## Promoting Knowledge of Tuberculosis Symptoms

The NSS Unit of Narayana College of Nursing organized an event on "Promoting Knowledge of Tuberculosis Symptoms" on March 24, 2023, at Kamakshi Nagar. This initiative aimed to raise public awareness about the serious health, social, and economic consequences of tuberculosis (TB) while emphasizing the need for early detection and treatment. Faculty members and second-year students actively participated, engaging the community through informative sessions on TB symptoms, prevention strategies, and the importance of timely medical intervention. The program included discussions that encouraged open dialogue about TB, reducing stigma and promoting support for affected individuals. By fostering awareness, the event aimed to contribute to global efforts to end the TB epidemic and improve community health. 90 participants and 35 village peoples are benefited through this program



Promoting Knowledge of Tuberculosis Symptoms, Kamakshi Nagar on 24 Mar 2023

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## Bipolar Education Forum

The NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized a "Bipolar Education Forum" on March 29, 2023, at Dakkilivari Palem. This event aimed to raise awareness about bipolar disorders, providing crucial information to educate the community and improve sensitivity toward those affected by the illness. Faculty members and first-year students actively participated, engaging in discussions and interactive sessions that highlighted the symptoms, treatment options, and the importance of mental health support. The program fostered an open dialogue, encouraging attendees to share experiences and ask questions. By promoting understanding and compassion, the event aimed to reduce stigma and enhance the overall well-being of individuals living with bipolar disorder. 54 participants and 39 village peoples are benefited through this program



Awareness on Bipolar Education Forum, Dakkilivari Palem on 29 Mar 2023


  
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## Health and Wellness Assessment Day


The NSS Unit of Narayana College of Nursing organized a "Health and Wellness Assessment Day" on April 7, 2023, at Venkatachalam. This initiative aimed to provide valuable information and guidance on maintaining a healthy lifestyle, managing existing health conditions, and preventing future health issues. Faculty members and third-year students actively participated, conducting health assessments, informational sessions, and interactive workshops focused on nutrition, exercise, and mental well-being. The program encouraged community members to engage in discussions about their health concerns and seek advice on healthier choices. By promoting awareness and proactive health management, the event aimed to empower individuals to take charge of their health and enhance their overall well-being. 52 participants and 30 village peoples are benefited through this program



Awareness on Health and Wellness Assessment Day, Venkatachalam on 7 Apr 2023

  
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## Awareness activity on seasonal Diseases

The NSS Unit of Narayana College of Nursing organized an awareness activity on "Seasonal Diseases" on April 11, 2023, at T P Gudur. This initiative aimed to equip students with essential knowledge about various seasonal diseases prevalent in and around Repalle. Faculty members and first-year students actively participated, engaging in informative sessions that covered symptoms, prevention strategies, and health tips related to seasonal ailments. The program fostered discussions and encouraged participants to share experiences and ask questions. By raising awareness about the impact of seasonal changes on health, the event aimed to empower students and the community to take proactive measures for better health and well-being. 41 participants and 23 village peoples are benefited through this program



Awareness activity on seasonal Diseases, T P Gudur on 11 Apr 2023

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## Autism Awareness Programme


The NSS Unit of Narayana College of Nursing organized an "Autism Awareness Programme" on April 24, 2023, at Dakkilivari Palem. This initiative aimed to represent and empower neurodiverse individuals, fostering acceptance and appreciation while advocating for equal opportunities and human rights. Faculty members and fourth-year students actively participated in the program, engaging the community through informative sessions, discussions, and interactive activities. The event highlighted the importance of understanding autism, promoting inclusive practices, and providing support for individuals and families affected by the condition. By raising awareness and encouraging empathy, the program aimed to create a more inclusive society for all. 50 participants and 29 village peoples are benefited through this program.



Autism Awareness Programme, Dakkilivari Palem on 24 Apr 2023

  
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## Community Education on the Dangers of Tobacco


The NSS Unit of Narayana College of Nursing organized a "Community Education on the Dangers of Tobacco" event on May 31, 2023, at Kakatur. This initiative aimed to raise awareness among young people about the health risks associated with tobacco use and the strategies employed by the tobacco industry to attract new users. Faculty members and second-year Post Basic BSc Nursing students actively participated, engaging the community through informative sessions, discussions, and interactive activities. The program emphasized the importance of making informed choices and highlighted resources for quitting tobacco. By fostering awareness and encouraging healthy lifestyle choices, the event aimed to empower individuals to resist tobacco use and promote a healthier community. 20 participants and 15 village peoples are benefited through this program

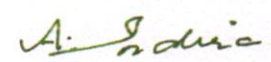


Community Education on the Dangers of Tobacco, Kakatur on 31 May 2023

  
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